

**YOU MUST READ THESE SAFETY RULES OF PARTICIPATION BEFORE YOU START. READING AND COMPLYING WITH THESE RULES MAY REDUCE (BUT NOT ELIMINATE) THE RISK THAT YOU WILL HAVE A SERIOUS ACCIDENT.**

### PARTICIPATION REQUIREMENTS

- **All participants must be at least 2 years old.**
- **Participants may not weigh more than 250 pounds.**

If you do not fit these criteria, you may not participate in the Treetop Nets.

### BEFORE STARTING

- Tie up long hair, remove rings, earrings, watches, and all other jewelry.
- Wear closed toe and closed heel shoes. Slip off shoes are not permitted.
- You must adhere to the supervision requirements. If you will be supervising persons under 16 years old, ensure that you can see clearly at distances of at least 20 feet.
- A gentle warm-up or stretch is advisable to avoid pulls or strains from the activity.
- If you need glasses or contacts to drive, you should wear them while on the course.
- Discard chewing gum as it is a choking hazard.
- Do not smoke, eat or drink while participating in Treetop Nets. There will be water stations nearby should you get thirsty.
- Never be under the influence of drugs or alcohol.
- Read and understand all instructions.
- It is highly recommended that pregnant individuals not participate on the course.
- All participants must complete the appropriate Assumption of Risk and Release of Claims form prior to participation.

The Treetop Nets course is made up of two main bounce nets, two tree houses, and three slides. Before accessing the course, all participants must complete the training where a Go Ape instructor will provide safety guidelines and net etiquette. If you or any member of your group does not understand English, you must make your instructor aware of this. If you decide you do not wish to proceed beyond training, Go Ape will refund your money.

**YOU ARE RESPONSIBLE FOR YOUR OWN SAFETY, AND THE SAFETY OF ANYONE YOU ARE SUPERVISING. Misconduct or dangerous behavior will not be tolerated and will result in your session ending early.**

- Follow all directions given to you by your instructor throughout the time of your activity.
- No summersaults, flips, or other tricks that involve going upside down. Absolutely no pushing or other forms of rough housing.
- When entering the course walk, do not bounce or jump up the net ramp.
- Do not climb up the net walls or slides.
- When using the slides, exit the slides immediately after going down to avoid collisions, wait until the slide is clear before going, only one person at a time and slide with your feet first.
- Remove all jewelry and empty pockets.

- **CLOSED-TOE and CLOSED-HEEL SHOES ARE REQUIRED.** It is recommended that participants wear properly-fitting clothing that allows a good range of motion, avoiding loose clothing that can snag on objects. You may be asked to remove any clothing items or accessories that present a safety risk.
- Misconduct and or dangerous behavior will not be tolerated. If staff, in their sole discretion, determine you are not following rules or behaving dangerously, your session will be terminated and no refund issued.

### MEDICAL WARNING/RESTRICTIONS:

Treetop Nets is designed for use by participants of average mobility and strength who are in reasonably good health. Certain pre-existing medical conditions, including but not limited to obesity, high blood pressure, pregnancy, heart disease or other cardiac condition, severe pulmonary problems, and other pre-existing musculo-skeletal problems may impair the safety and well-being of participants, as may other medical and psychological conditions. All such conditions likely increase the inherent risks of the experience. The Activity is not recommended for Participants with pre-existing medical injuries or underlying medical conditions that may put them at greater risk of injury, illness, heart attack or death. Participants with pre-existing or underlying medical conditions are strongly recommended to consult with his/her physician prior to participation

### SUPERVISION REQUIREMENTS

**All children under 16 must be supervised by an adult at all times. For children under 5, one adult may supervise up to 2 children.** If you are supervising one or more children under the age of 5, both you and they are responsible for ensuring that they follow these Safety Rules. You must be with the child(ren) you are supervising at all times.

**For children aged 5-15, one adult may supervise up to 6 children from the ground.** If you are supervising one or more children between the ages of 5 and 15, both you and they are responsible for ensuring that they follow these Safety Rules. They must be under your direct supervision at all times.

### REMEMBER: FOLLOW THE INSTRUCTIONS PROVIDED TO YOU BY YOUR INSTRUCTOR!

If you are seen not following any of these Safety Rules of Participation, you will be shown either a yellow or red card. A yellow card is a warning that you immediately must comply with these Safety Rules. A red card means that you immediately must leave Go Ape property in which case you will not receive any refund.

By participating in this activity, you acknowledge that you have received and read these Safety Rules of Participation and agree to comply with them.