

YOU MUST READ THESE SAFETY RULES OF PARTICIPATION BEFORE YOU START. READING AND COMPLYING WITH THESE RULES MAY REDUCE (BUT NOT ELIMINATE) THE RISK THAT YOU WILL HAVE A SERIOUS ACCIDENT.

PARTICIPATION REQUIREMENTS

- **Participants must be at least 4'7".**
- **Participants may not weigh more than 285 pounds.** Please note that due to the restrictions of our harnesses, persons weighing less than this amount may not be able to participate if the harness does not properly fit.

If you do not fit these criteria, you may not participate in this Treetop Adventure course.

BEFORE STARTING

- Tie up long hair, tuck away necklaces and remove hoop/dangling earrings and all loose jewelry.
- Wear closed toe and closed heel shoes. Slip off shoes are not permitted.
- Your harness fit should be checked by an instructor. It is recommended that you cover your waist as your harness may rub.
- Except when using a Go Ape phone holder, switch phones off and keep them in a secure pocket as they may not be used while on the course. It is strongly recommended not to carry them while on the course without the phone holder. If using a Go Ape phone holder, please follow the posted safety rules regarding its use located in the cabin.
- Please empty pockets and securely attach to you any items that may fall, including cameras, at all times when above the ground.
- You must adhere to the supervision requirements.
- If you need glasses or contacts to drive, you should wear them while participating in the Activities.
- Discard chewing gum as it is a choking hazard.
- Do not smoke, eat or drink while on the course. There will be water stations throughout the course should you get thirsty.
- Wash and dry your hands after using sun screen or insect repellent to maintain the integrity of the safety harness and equipment.
- Never be under the influence of drugs or alcohol.
- Read and understand all instructions.
- All participants must complete the appropriate Assumption of Risk and Release of Claims form prior to participation.

The course is made up of a number of loops/sites. The training site is where a Go Ape instructor will fit your harness and safety lines. He or she will explain and demonstrate how your safety equipment works. If you or any member of your group does not understand English, you must make your instructor aware of this. If you decide you do not wish to proceed beyond the training site, Go Ape will refund your money.

You are responsible for your own safety and the safety of your possessions. You will not be supervised by any Go Ape personnel. You must follow these Safety Rules.

MEDICAL WARNING/RESTRICTIONS:

The Activities are designed for use by participants of average mobility and strength who are in reasonably good health. Certain pre-existing medical conditions, including but not limited to obesity,

high blood pressure, pregnancy, heart disease or other cardiac condition, severe pulmonary problems, and other pre-existing musculo-skeletal problems may impair the safety and well-being of participants, as may other medical and psychological conditions. All such conditions increase the inherent risks of the experience. These Activities are not recommended for Participants with pre-existing injuries or underlying medical conditions that may put them at greater risk of injury, illness, heart attack and or death. Participants with pre-existing injuries or underlying medical conditions are **strongly recommended** to consult with his/her physician prior to participation.

YOU MUST BE ATTACHED TO THE SAFETY SYSTEM WITH AT LEAST ONE SAFETY LINE AT ALL TIMES WHEN ABOVE THE GROUND. People have fallen from courses because they failed to ensure that they were clipped on correctly.

- No more than 3 people may be on a platform at one time.
- Only 1 person may be on a ladder or crossing at one time.
- Only 1 person can descend a zip line at one time.
- You must check that the landing site is clear before descending a zip line.
- Do not hold onto the zip line cable. Hold onto your short safety line. Keep your head away from, and to one side of the zip line.
- If you land facing forward, start running before your feet touch the ground.
- If you land facing backwards or sideways, drag your heels to slow down. Do not try to turn around.

SUPERVISION REQUIREMENTS

Minors under 16 years of age must be supervised on the course by an adult at all times. Supervision may be from the ground or as a participating adult. If you are supervising one or more minors under 16, both you and they are responsible for ensuring that they follow these Safety Rules.

REMEMBER: YOU MUST BE ATTACHED TO THE SAFETY SYSTEM WITH AT LEAST ONE SAFETY LINE AT ALL TIMES WHEN ABOVE THE GROUND!

If you are seen not following any of these Safety Rules, you will be given a verbal warning that you immediately must comply with these Safety Rules and/or you will be alerted that you immediately must leave Go Ape property in which case you will not receive any refund.

By participating in this activity, you acknowledge that you have received and read these Safety Rules of Participation and agree to comply with them.